

## How to Retire

## It doesn't just happen.



## Your Passport To A SUCCESSFUL RETIREMENT

 HOW-TO'S:Define and Create Your Retirement Assess the Costs
Evaluate Your Sources of Income Invest for the Future
Protect Your Health and Wealth
Receive Funds from Retirement Plans
Manage Your Estate Distribution


# THE "INCONVENIENT TRUTH" ABOUT RETIREMENT TODAY 



CHANGING RETIREMENT PICTURE

- $37 \%$ of workers are not currently putting money into their 401 (k)s, IRAs, or other retirement accounts ${ }^{1}$
- $17 \%$ of $401(\mathrm{k})$ plan participants have outstanding loans ${ }^{2}$
- $38 \%$ have cut back on household spending ${ }^{3}$
- $13 \%$ have postponed plans to retire ${ }^{4}$
- $52 \%$ haven't calculated how much they will need to live comfortably in retirement ${ }^{5}$

Sources: 1, 4-5) Employee Benefit Research Institute, 2016;
2) Investment Company Institute, 2016; 3) Gallup, 2016

## ASSESS

## the Costs



## Estimating The Cost of Retirement



Inflation factor assumes a $\mathbf{3 \%}$ inflation rate. Income generation factor assumes a $5 \%$ return and a 25 -year expected life span in retirement.

## Estimating The Cost of Retirement



Investment growth factor based on a 7\% annual rate of return over the next 15 years. Savings factor assumes a 7\% annual return on their savings for 15 years (until retirement).

## EVALUATE YOUR

## Sources of Income



# Sources of RETIREMENT INCOME 

## YOUR CONTRIBUTION MAY MATTER MOST



Social Security provides about $41 \%$ of income for those age 65 and older with incomes of \$47,731 or more.

Source: Social Security Administration, 2016

## What Can You Expect FROM SOCIAL SECURITY?

- At age 62:

Monthly benefit will be permanently reduced by
$25 \%$ to $\mathbf{3 0} \%$, depending on year of birth

- At "full retirement" age (66 to 67):

Entitled to $\mathbf{1 0 0 \%}$ of full benefit

- At age 70:

Monthly benefit would be $132 \%$ of the full benefit, depending on year of birth

## INVEST

## for the Future



## Find Your Starting Point



- Where is your money today?
- What investments do you own?
- What is your investment strategy?


## What Does History Say?



Average annual return:

### 10.16\%

Source: Thomson Reuters, 2017, based on the Standard \& Poor's 500 Composite Index total return. Past performance is no guarantee of future results.

## Downside of High Expectations: InSUFFICIENT FUNDS


May need to adjust lifestyle or work longer.
This hypothetical example is used for comparison purposes only and does not represent the performance of any specific investment. Actual results will vary.

## Asset Allocation



Reduce your risk by diversifying your porifolio

## CASESTUDY



## The Millers

Ages: 52
Goal: \$40,000 annual income from investments

Time Frame: 15 years
until retirement
Investment Portfolio: \$175,000
Risk Tolerance: Above average

## CASESTUDY

## The Millers



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## CASE STUDY

## The Millers

## GROWTH AND INCOME



## Payouts:

 \$40,000/year at age 67, increasing 3\% annually to reach $\$ 78,943$ at age 90 Total income received: \$1,377,059This hypothetical example is used for illustrative purposes only and does not represent the performance of any specific investment. Actual results will vary.

## PROTECT

## Your Health and Wealth




## MAKING INFORMED InSURANCE DECISIONS

- Protect against loss
- Boost sense of security
- Provide source of funds in time of need


## DISABILITY INSURANCE

## How a Disability Could AFFECT Your Retirement



## Assumptions

- \$280,000 initial savings/investments
- \$10,000 annual savings from age 55 to 65
- 1-year disability vs. no disability
- 8\% annual return

This hypothetical example is used for comparison purposes only. For disability, $\$ 75,000$ is subtracted from savings to reflect lost income. Actual results will vary.

## LONG-TERMCAREINSURANCE

## How Likely Are You To NEED LONG-TERM CARE?



- 70\% of 65-year-olds will need some form of long-term care during their lifetimes
- $20 \%$ of people who enter a nursing home will need care for 5 years or more

Source: U.S. Department of Health and Human Services, 2017

## RECEIVE FUNDS

## from Your Retirement Plans



## TAKING DISTRIBUTION AS A LUMP-SUM

D 1. Mandatory $20 \%$ withholding
2. Penality ior early witholrawals
3. Investment control
4. Special tax alternatives

# How Long Would A Retirement Portfolio Last? 



This hypothetical example is used for illustrative purposes only and does not reflect the performance of any specific investments. It does not take into consideration any investment expenses or the effect of taxes on distributions. Rates of return will vary over time, particularly for long-term investments. Investments seeking to achieve higher rates of return involve greater risk. Actual results will vary.

## GOALS OF Estate Conservation

- Manage wealth during your lifetime
- Distribute assets upon your death
- Maintain control of your assets


## IMPORTANT ESTATE DOCUMENTS

- Power of attorney
- Durable power of attorney
- Medical durabie power of attorney
- Living will
- Will
- Trust records


## BuILDING A SUCCESSFUL

## Retirement




